

## Communion: (cont'd)

### Thy Word

*Thy Word is a lamp unto my feet*

*And a light unto my path.*

*Thy Word is a lamp unto my feet*

*And a light unto my path.*

When I feel afraid,  
And I think I've lost my way,  
Still You're there right beside me.  
Nothing will I fear  
As long as You are near.  
Please be near me to the end.

I will not forget  
Your love for me, and yet  
My heart forever is wandering,  
Jesus, be my guide  
And hold me to Your side;  
I will love You to the end.

Grant, Smith ©1984 | CCLI #14301

### I Bind My Mind to the Mind of Christ

I bind my mind to the mind of Christ,  
I bind my heart to His heart,  
That I may have His thoughts and purposes within  
me.

[Repeat]

As God said through Apostle Paul,  
We must not conform to this world,  
But be transformed  
By renewing our minds.

[Repeat]

It's with our hearts that we believe  
And are justified,  
And with our mouths that we confess  
And are saved.

[Repeat]

Lamphey, J (2025)

## Recessional:

### Keep the Banner Flying High

Give me strength when I'm weary, O my Lord,  
Lift me up when I fall, O my Lord,  
Light a fire in my bones  
That an ocean cannot drown,  
Give me hope, give me strength  
Until my work is done.

*Oh, Jesus be my vision,  
Oh, the passion and the fire in my soul.  
We'll keep the banner flying high,  
The banner flying high.*

In the valley of shadow, O my Lord,  
You will walk by our side, O my Lord,  
If we love not our lives,  
Rather die than to deny,  
There'll be crowns, there'll be glory  
When the morning comes.

Those who wait on you patiently, O my Lord,  
Those who trust in your word, O my Lord,  
They will soar, they will glide  
Like an eagle in the sky;  
They will walk, not be weary  
Till the work is done.

[Bridge]

For his glory,  
Standing shoulder to shoulder,  
Proud to bear His holy name.  
Sound the victory:  
Our God is among us now!  
Among us now.

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**Lent 3 – March 8, 2026 – 10:00 am**

**Holy Communion (1662 Rite): Page 1**

*Sermon Series: Training for Godliness (1 Timothy 4:6–16)*

## Opening:

### Tell Out My Soul

Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings give my spirit voice;  
Tender to me the promise of His word;  
In God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of His name!  
Make known His might, the deeds his arm has  
done;  
His mercy sure, from age to age the same;  
His holy name, the Lord, the Mighty one.

Tell out, my soul, the greatness of His might!  
Powers and dominions lay their glory by.  
Proud hearts and stubborn wills are put to flight,  
The hungry fed, the humble lifted high.

Tell out, my soul, the glories of His word!  
Firm is His promise, and His mercy sure.  
Tell out, my soul, the greatness of the Lord  
To children's children and for evermore!

Dudley-Smith (1962) | CCLI #2402653

*Collect for the Season of Lent:*

**Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all who are penitent: make in us new and contrite hearts so that, lamenting our sins and acknowledging our wretchedness, we may receive from you, the God of all mercy, perfect remission and forgiveness through Jesus Christ our Lord. Amen.**

*Collect for Lent 3:*

**Almighty God, consider the heartfelt desires of your servants and stretch out the right hand of Your majesty to defend us against all our enemies, through Jesus Christ our Lord. Amen.**

**Numbers 22:21–31 (Pew Bible p. 131)**

So Balaam rose in the morning and saddled his donkey and went with the princes of Moab.

22 But God's anger was kindled because he went, and the angel of the Lord took his stand in the way as his adversary. Now he was riding on the donkey, and his two servants were with him. 23 And the donkey saw the angel of the Lord standing in the road, with a drawn sword in his hand. And the donkey turned aside out of the road and went into the field. And Balaam struck the donkey, to turn her into the road. 24 Then the angel of the Lord stood in a narrow path between the vineyards, with a wall on either side. 25 And when the donkey saw the angel of the Lord, she pushed against the wall and pressed Balaam's foot against the wall. So he struck her again. 26 Then the angel of the Lord went ahead and stood in a narrow place, where there was no way to turn either to the right or to the left. 27 When the donkey saw the angel of the Lord, she lay down under Balaam. And Balaam's anger was kindled, and he struck the donkey with his staff.

[Reading continues on inside page...]

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## Numbers 22:21–31 (continued)

28 Then the Lord opened the mouth of the donkey, and she said to Balaam, “What have I done to you, that you have struck me these three times?” 29 And Balaam said to the donkey, “Because you have made a fool of me. I wish I had a sword in my hand, for then I would kill you.” 30 And the donkey said to Balaam, “Am I not your donkey, on which you have ridden all your life long to this day? Is it my habit to treat you this way?” And he said, “No.”

31 Then the Lord opened the eyes of Balaam, and he saw the angel of the Lord standing in the way, with his drawn sword in his hand. And he bowed down and fell on his face.

## 1 Timothy 4:6–16 (Pew Bible p. 992)

If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. 7 Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; 8 for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. 9 The saying is trustworthy and deserving of full acceptance. 10 For to this end we toil and strive, because we have our hope set on the living God, who is the Saviour of all people, especially of those who believe.

11 Command and teach these things. 12 Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. 13 Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. 14 Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. 15 Practice these things, immerse yourself in them, so that all may see your progress. 16 Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

## Luke 11:14–28 (Pew Bible p. 869)

Now he was casting out a demon that was mute. When the demon had gone out, the mute man spoke, and the people marvelled. 15 But some of them said, “He casts out demons by Beelzebul, the prince of demons,” 16 while others, to test him, kept seeking from him a sign from heaven. 17 But he, knowing their thoughts, said to them, “Every kingdom divided against itself is laid waste, and a divided household falls. 18 And if Satan also is divided against himself, how will his kingdom stand? For you say that I cast out demons by Beelzebul, by whom do your sons cast them out? Therefore they will be your judges. 20 But if it is by the finger of God that I cast out demons, then the kingdom of God has come upon you. 21 When a strong man, fully armed, guards his own palace, his goods are safe; 22 but when one stronger than he attacks him and overcomes him, he takes away his armour in which he trusted and divides his spoil. 23 Whoever is not with me is against me, and whoever does not gather with me scatters.

24 “When the unclean spirit has gone out of a person, it passes through waterless places seeking rest, and finding none it says, ‘I will return to my house from which I came.’ 25 And when it comes, it finds the house swept and put in order. 26 Then it goes and brings seven other spirits more evil than itself, and they enter and dwell there. And the last state of that person is worse than the first.”

27 As he said these things, a woman in the crowd raised her voice and said to him, “Blessed is the womb that bore you, and the breasts at which you nursed!” 28 But he said, “Blessed rather are those who hear the word of God and keep it!”

### Praise:

#### Psalm 13

How long, O Lord,  
Will You forget me;  
How long, O Lord,  
Will You look the other way;  
How long, O Lord,  
Must I wrestle with my thoughts  
And ev’ry day  
Have such sorrow in my heart.

[Pre-Chorus]

Look on me and answer,  
O God, my Father;  
Bring light to my darkness  
Before they see me fall.

*But I trust in Your unfailing love;  
Yes, my heart will rejoice;  
Still I sing of Your unfailing love;  
You have been good;  
You will be good to me.*

Doerksen, Rademaker, et al ©2002 | CCLI #3721852

#### Purify My Heart

Purify my heart,  
let me be as gold and precious silver.  
Purify my heart,  
let me be as gold, pure gold.

*Refiner’s fire:*

*my heart’s one desire  
is to be holy,  
set apart for You, Lord.  
I choose to be holy,  
set apart for You, my Master;  
ready to do Your will.*

Purify my heart,  
cleanse me from within  
and make me holy.  
Purify my heart,  
cleanse me from my sin, deep within.

Doerksen ©1990 | CCLI #426298

#### Here I Am to Worship

Light of the world, You stepped  
down into darkness,  
Opened my eyes, let me see  
Beauty that made this heart adore  
You,  
Hope of a life spent with You.

*So here I am to worship,  
Here I am to bow down,  
Here I am to say that You’re my God:  
You’re altogether lovely,  
Altogether worthy,  
Altogether wonderful to me.*

King of all days, O so highly exalted,  
Glorious in heaven above,  
Humbly You came to the earth You  
created,  
All for love’s sake became poor.

[Bridge]

And I’ll never know how much it  
cost  
To see my sin upon that cross  
[Repeat]

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### Offertory:

#### Oh Give Thanks (Psalm 107)

We were wand’ring in the desert  
With our souls so starved and weak.  
We were hungry for a homeland  
We did not know how to seek.  
But we lifted up our voices  
To the only One who hears,  
And the God of mercy came and  
brought us near.

*Oh, give thanks to the Lord  
For His love endures forever!  
We were wandering and lost,  
And our Father brought us home  
To a safe dwelling place,  
To a feast of joy and laughter.  
Oh, give thanks to the Lord for He is  
good.*

We were locked out of the garden  
And our backs bent down with pain;  
In the shadow of death’s darkness  
We were slaves to sin and blame.  
Then we cried out in our labour  
To the only One who hears,  
And the God of mercy wiped away  
our tears.

We were fools in our rebellion  
With our hunger strike of pride;  
We were sick and growing closer  
To the death we should have died.  
Then He heard of our condition,  
And He called us by our names.  
And the God of glory took away our  
shame.

We were far out on the ocean  
Making wealth and chasing dreams,  
But the waves of great destruction  
Brought us trembling to our knees.  
And we cried like drunken sailors  
To the only One who hears,  
And the God of comfort took away  
our fears.

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### Communion:

#### Speak, O Lord

Speak, O Lord, as we come to You  
To receive the food of Your Holy  
Word.  
Take Your truth, plant it deep in us;  
Shape and fashion us in Your  
likeness,  
That the light of Christ may be seen  
today  
In our acts of love and our deeds of  
faith.  
Speak, O Lord, and fulfill in us  
All Your purposes, for Your glory.

Teach us, Lord, full obedience,  
Holy reverence, true humility.  
Test our thoughts and our attitudes  
In the radiance of Your purity.  
Cause our faith to rise,  
Cause our eyes to see  
Your majestic love and authority.  
Words of pow’r that can never fail;  
Let their truth prevail over unbelief.

Speak, O Lord, and renew our minds;  
Help us grasp the heights of Your  
plans for us.  
Truths unchanged from the dawn of  
time,  
That will echo down through  
eternity.  
And by grace we’ll stand on Your  
promises;  
And by faith we’ll walk as You walk  
with us.  
Speak, O Lord, til Your church is  
built  
And the earth is filled with Your  
glory.

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